

For Teachers

Positive Choices

(Character education, drug/tobacco awareness, respect more!),

Performance by:

Tommy Gardner **Motivational Assemblies**

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ABOUT THE PERFORMANCE

This fun, educational, and highly interactive program is loaded with songs about drug and tobacco awareness, living healthy, respect and kindness, perseverance, appreciation, and many more. A perfect assembly for Red Ribbon week/month, or anytime of the year.

A 'motivational' assembly is much different than simply a music performance. The songs are introduced with short, age-appropriate motivational messages, often using humor to engage the child. A fun, but effective study guide is available upon request to further reinforce the powerful messages from the assembly.

In this show the students are called superheroes because they can use their 'superpowers' to lift people up, or hold them down. Powers we all have such as; the power of words, inspiration, imagination, perseverance, and others.

CURRICLUM CONNECTIONS

- · Anti-bullying, respect, kindness
- Character education
- Teamwork
- Drug and smoking awareness (Red Ribbon week)
- Conflict resolution
- · Work ethic, persistence

The audience is a very important part of the performance. Please talk to your students about what it means to be an audience member and how a "live" performance is different from TV and movies. Some performances may involve audience participation so students should be prepared to behave appropriately, given the nature of the performance and the requests of the artists on the stage.



"I Will Never Smoke" has the students cry out that important promise throughout the song and Tommy leads them in a friendly competition at the end, either left side vs. right, or boys vs girls.

"Just Say No (To Drugs)", a Red Ribbon Week anthem, is a chorus sing along, fun but oh what an important message!

I want to live in a natural way I won't be cheated of a single day My body and mind are mine so I say, JUST SAY NO TO DRUGS!

"We Will Rock DRUG FREE!" A rock anthem-type song

We will Rock DRUG FREE! We will talk DRUG FREE! We will walk DRUG FREE! We will Rock DRUG FREE!

"Four Best Friends" is a simple way of explaining that we all have have 'four best friends' that make us who we are, our body, our mind, our spirit, and our soul.

When we do something positive (eat right, exercise, just say no to drugs, etc.) or when we don't, it affects all four of our 'best friends'.

I have four best friends, we'll be all together they'll be there forever as we all get old I have four best friends to protect forever they're my body, my mind, my spirit, and soul "Bully Bubba"- This fun tongue twister challenges the student to listen and try to learn the chorus, but messages are all throughout about a fictional boy, "Bubba", who bullies children with words. It also offers some ideas about what to do about it. This conflict resolution song is a great conversation starter for anti-bullying programs.

"Everybody's bitter about bully Bubba 'cause Bubba is the biggest bully in the whole school Bully Bubba belts out big bully banter 'cause Bully Bubba doesn't know that bullies aren't cool"

"AOK (Acts Of Kindness)"

The other side of bullying is respect and kindness, and much of show talks about what a real superhero would do This song encourages the audience to collect 'AOK's', (much like the bucket metaphor many programs use). In fact, one of the three things they are told they need to do to join the 'Teasebuster Club' is to collect AOK's every day. Wouldn't this make a great morning conversation in class?

The overwhelming theme to this song (and the entire assembly) is that 'kindness costs nothing!', or AOK's are free.

"I'm A Superhero"

This song solidifies the superhero message in a fun, engaging manner.

"I'm a superhero 'cause I choose to be, I have powers just like you living inside of me I'll use them to healthy and to help those when they fall I'm a superhero I feel powerful"

[We also start and finish each show with a tune they know (or should know) to reinforce patriotism and respect for this country. We begin with "Grand Old Flag" and end with "This Land Is Your Land".]

"Stand Up To Bullying!"-This rallying, anthem-type song is the perfect ending to the show. The audience stands for the choruses and sits for the verses as they march, clap, and hold up an imaginary sign, singing, "stand up to bullying!"

"Everybody stand up! Stand up to bullying, there's no room for bullying here, clap your hands everyone if you agree that you want it to disappear!

Now march in place, hold up your sign, let's pretend we are rallying, Because the message on his and hers and mine, says stand up to bullying"

"Teasebuster"- This audience favorite invites them to join the Teasesbuster Club (as a superhero) and tells the story of a girl and a boy being teased in school.

"We are teasebusters, some don't think it through, the words they are about to say might be mean and cruel we are teasebusters and we just turn away, we won't get mad, we won't get sad no matter what they say"

Witch Doctor (Library version)- This song, from their reading (PARP) adds a little spice to the show while injecting the idea of reading as a healrthy food for the brain.

Notes: Additional songs are included according to the length of assembly program. Songs may be substituted as new ones get written. Feel free to request.

Many schools choose to have the artist insert a song or two with themes from their other shows. For example, songs about kindness, respect, patriotism, perseverance, recycling and being green, health and fitness, cultural awareness, etc. Please don't hesitate to contact us about any concerns or questions you may have.

"The BEST assembly we ever had!" Milton Elementary, Marlboro, NY

About The Artist

Tommy Gardner has performed in hundreds of elementary schools, libraries, town concerts, and other family events for the past 20 years. His work solo and with The Uncle Brothers has earned him multiple Parents Choices awards for his 9 children's CDs, as well as numerous other awards, including iParenting, Children's Music Web, Parents Guide Award, and others. His passion is to inspire children through his original music and motivate them to become kinder, healthier, and more productive and tolerant people as they grow up and prepare for middle school.

Tommy has coined the phrase 'Motivation Assemblies' because of his unique gift for reaching children through humor and supporting his messages through his lively and clever original songs.

All songs written and copyrighted by Thomas C. Gardner except "Grand Old Flag", This Land is Your Land", and the music to "Witch Doctor"

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